



1

---

---

---

---

---

---

---

---

Improving lives

### Overview of Session

- What are Professional Values and behaviours
- What do Professional Values mean to you?
- Trust v professional values
- NMC code 4 domains
- RCN – Principles of nursing practice

2

2

---

---

---

---

---

---

---

---

Improving lives

### Professional Values & behaviours

- Professional values are the guiding beliefs and principles that influence your work and behaviour
- Your professional values are usually an extension of your personal values
- These values may change over time and when different things happen in your life but your core beliefs would stay the same
- Professional values and behaviours are also about ethics

3

3

---

---

---


---

---

---

---

---



**Professional Values & behaviours**

*Improving lives*

- What do professional values/behaviours mean to you
- What would being professional look like to you
- What would unprofessional look like to you
- Do you feel like you are a professional now
- When does someone become a professional

4

4

---

---

---

---

---

---

---

---



**Professional Values & behaviours**

*Improving lives*

- Giving care
- Accountability
- Integrity
- Trust
- Freedom
- Safety
- Knowledge
- Altruism
- Autonomy
- Dignity
- Social justice

5

5

---

---

---

---

---

---

---

---



**Our Values**

*Improving lives*

- Our new values have been developed through discussions with staff, patients and local people:

**we're kind**

We show consideration, concern and thoughtfulness towards everyone

**we listen**

We always seek to understand, learn and improve

**we're fair**

We embrace difference, treat everyone with respect and promote diversity, equity and inclusion

**we care**

We work together and innovate to put our service users at the heart of everything we do

[Our new strategy for 2021-24 \(The Ox\)](https://oxleas.nhs.uk)  
[oxleas.nhs.uk](https://oxleas.nhs.uk)

6

6

---

---

---

---

---

---

---

---



**NMC – The Code**

*Improving lives*

- Prioritise People
- Practise effectively
- Preserve Safety
- Promote Professionalism and Trust

- <https://www.nmc.org.uk/globalassets/sitedocuments/nmc-publications/nmc-code.pdf>
- <https://www.nmc.org.uk/nhttpsews/news-and-updates/code-in-action/>

7

7

---

---

---


---

---

---

---

---



**Principles of Nursing Practice**

*Improving lives*

- The principles of nursing practice describe what everyone from nursing staff to patients, can expect from nursing staff and nursing students in all care settings
- The principles describe what constitutes safe and effective nursing care
- Each principle was developed by the Royal College of Nursing in partnership with the Department of Health and the Nursing and Midwifery Council.
- Patients, the public and health care staff were involved
- 8 Principles A-E
- <https://www.rcn.org.uk/professional-development/principles-of-nursing-practice>

8

8

---

---

---


---

---

---

---

---



**Principles of Nursing Practice**

*Improving lives*

As a nursing professional or student you can use the principles to:

- Understand what patients, colleagues, families and carers can expect from nursing
- Help you reflect on your practice and develop as a professional
- Generate discussions with colleagues , students on the aspects of behaviour, attitude and approach that underpin good nursing care
- Identify where the principles are being practised in the organisation, and to identify instances where you think they are not
- How do they relate to the a Trust's own values

Patients and their families can use the principles to:

- Evaluate the care they have received by using them as a checklist

9

9

---

---

---

---

---

---

---

---



10

---

---

---

---

---

---

---



11

---

---

---

---

---

---

---